

October 2011

Global Connection

Upcoming Shows:

- Embolution 2011
9-11 October
São Paulo, Brazil
- EuroFinance
12-14 October
Rome, Italy
- Softworld 2011
18-19 October
London,
United Kingdom
- China Endovascular
Course (CEC)
3-5 November
Beijing, China
- ISPOR 2011
6-8 November
Madrid, Spain
- ANZ Society for
Vascular Surgery
12-15 November
Brisbane, Australia
- Cartes &
Identification 2011
15-17 November
Paris, France
- Medica 2011
16-19 November
Düsseldorf,
Germany
- Semicon Japan
7-9 December
Chiba, Japan

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Global Exhibit Management

Leader in global exhibit and event services

Health Watch

Successful implementation of a trade show or event requires attention to detail and careful planning. In the midst of logistics, experienced managers and personnel who travel long distances should also look after their health.

Anyone who has traveled may have heard about Deep Vein Thrombosis (DVT). This is a blood clot in larger veins that can sometimes be painful and in severe cases is life threatening. People who travel long distances, more than four hours, may develop DVT. Other risk factors are age, smoking, weight and heart conditions.

There are several precautions travelers can do to avoid developing DVT. On long flights, stay hydrated by drinking water, avoiding alcohol and caffeine. Exercise your legs by walking around. Or simply flexing feet and knees will promote blood circulation. Other measures to consider are wearing support or compression stockings or socks on longer flights, wearing loose clothing and asking your doctor about taking aspirin daily two weeks before long flights.

Before traveling abroad consider going to a travel clinic. Health professionals can advise about immunizations - complete the International Certificate of Vaccination document and keep it with your passport. Additional health/accident travel insurance should also be considered.

Suggest team members take simple precautions to avoid getting sick. Reduce the risk of gastrointestinal illness such as Norovirus and H1N1 by washing hands frequently. Travel with antibacterial gel and wipes for hands and surfaces such as door knobs, remote controls, telephones and airplane seats. Ask your doctor about Cipro or Noroxin to combat infections. The World Health Organization 2011 International travel and health book is available online at <http://www.who.int/ith/en/>

When traveling in the U.S. or overseas, take an adequate supply of prescription medications in original containers. An extra pair of eyeglasses or contact lenses is advisable along with a personal first-aid kit.

For additional travel tips visit <http://www.globalexhibitmanagement.com/content/travel-tips>

Industry Update

EXHIBITOR Magazine is now accepting nominations for the 26th Annual Exhibit Design Awards. The early bird deadline is 17 November so don't delay.

Submit your entries to larmstrong@exhibitormagazine.com

Health and Safety

Health and safety while traveling overseas is a major concern in every corporation. To review the latest health related updates, check the Center for Disease Control website www.cdc.gov/travel

For current information regarding travel warnings and updates visit www.travel.state.gov

For personal travel tips visit our website at www.globalexhibitmanagement.com